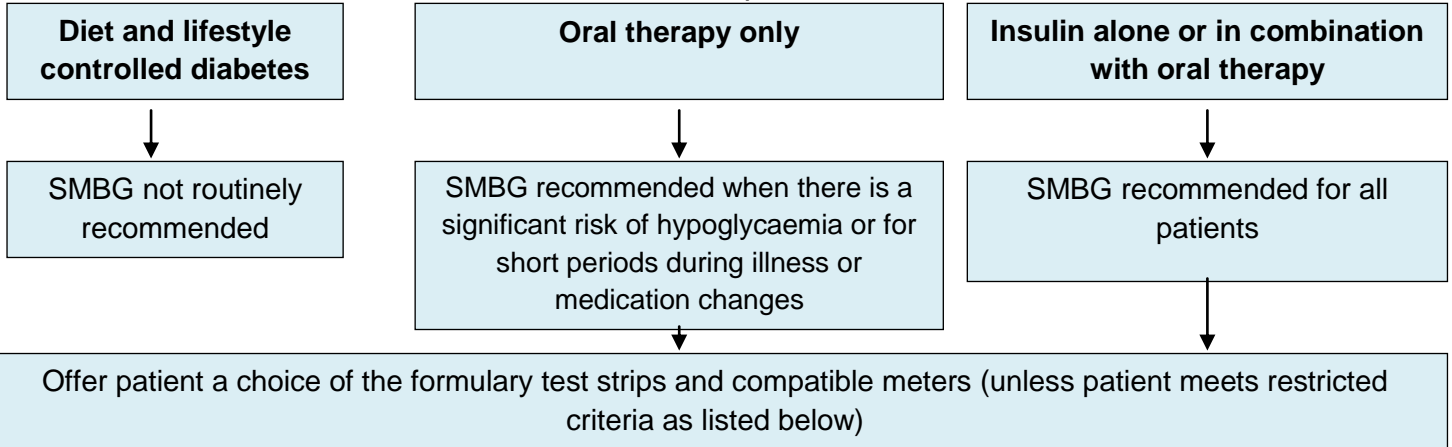


**Self Monitoring of Blood Glucose (SMBG): Selecting an appropriate test strip for people with type 1 and type 2 diabetes (see [www.leicestershirediabetes.org.uk](http://www.leicestershirediabetes.org.uk) Diabetes Management Guidelines 2012 for further information on monitoring glycaemic control)**



**GlucoLab™**

Compatible with GlucoLab meter and Greenlan lancets

Medium sized meter that is easy to hold

Cost per 50 tests **£11.39**

**Mylife Pura™**

Compatible with Mylife Pura meter and Mylife lancets

Medium sized meter with strips suitable for those with impaired vision

Cost per 50 tests **£10.88**

**TRUEyou™**

Compatible with TRUE you mini meter and TRUEplus lancets

USB style for patients that prefer a small meter and lancing device

Cost per 50 tests **£11.37**

**Accu-Chek® Aviva:** may be an option if patient has significantly reduced manual dexterity because the system does not require handling of lancets. Cost per 50 tests **£17.77.**

**Restricted test strip indications (for initiation by a secondary care specialist or diabetes specialist nurse only)**

**Existing or gestational diabetes during pregnancy**

**People with type 1 diabetes that count carbohydrates or have a Medtronic insulin pump**

**People with type 1 diabetes that monitor blood ketones**

**Contour® Next**

Compatible with Contour XT or Contour Next USB meters and Microlet lancets

Cost per 50 tests **£16.87**

**Accu-Chek® Aviva**

Compatible with Accu-Chek Expert meter and FastClix lancets

Cost per 50 tests **£17.77**

**FreeStyle Optium**

Compatible with FreeStyle Optium meter and FreeStyle lancets

Cost per 50 tests **£17.13**